

GROUP AQUAFITNESS SPECIALTY TRAINING & CERTIFICATION COURSE THE CHARLENE KOPANSKY METHOD



Dates: October 4th, 5th, 6th 2024

Live Learning On-Site at **Vivo, Calgary, AB.**

11950 Country Village Link NE, Calgary, AB T3K 6E3

Earn CECs with canfitpro, BCRPA, SPRA, CFES, NBFA, NSFLA, YMCA, YWCA, LSS. If repeating the course earn 8 CALA CECs. If AFLCA Certified, petition for credits [AFLCA CEC Petition Application forms](#). If repeating the GAF course to refresh your knowledge, earn 8 CALA CECs.

This Specialty course provides the tools necessary to facilitate safe, innovative group aqua fitness classes. Experience top-notch training and access to up-to-date information. Based on practical application of the theory, CALA focuses on an integrative approach to learning encouraging the body to move, the mind to discover and the spirit to soar. Recognized as the gold standard in aqua fitness leadership training, CALA provides solid research-based programs in both deep and chest deep water to meet the diverse needs of our communities.

Master Trainer: Charlene Kopansky, CALA Founder & President.

WHEN: GAF – Fri. Oct. 4th: 5:30pm – 9:30pm (Pool 8:00pm-9:30pm)

Sat. Oct. 5 & Sun. Oct. 6: 8:30am – 5:30pm (Pool 10:30am – 12pm & 4pm – 5:30pm)

CALA Members: \$280 + tax Add \$35 on or before September 15, 2024

Non-Member Renewing Now: \$339 + tax Add \$35 after September 15, 2024

*****Vivo Facility Staff:** Add Vivo Staff beside your name on registration form below

then email to Noelle Leblanc nleblanc@vivo.ca & to cala_aqua@mac.com

- You will receive a digital copy of the GAF manual & GAF Assignment & Assessment template.
- Add \$65 + tax for shipping the printed copy of the VWT manual.
- Add \$45 + tax for shipping the printed copy of the GAF manual.

TO BE A CALA CERTIFIED GROUP AQUAFITNESS SPECIALTY INSTRUCTOR:

- [Pass VWT Exam \(Online Open book, Multiple choice-based questions\)](#)
- [GAF Assignment Submission \(30-minute mini-class plan\)](#)
- [GAF Practical Assessment \(30-minute demo of your mini-class\)](#)

CALA GAF TRAINING & CERTIFICATION - REGISTRATION FORM

GAF: October 4th, 5th, 6th 2024

LOCATION: Vivo, Calgary, Alberta

Name: _____ CALA Member # _____

Address: _____ **Joining Now** cost is tax included in fees below (\$59+tx)

City: _____ Home Tel. #: _____

Province: _____ Work Tel. #: _____

Postal: _____ Cell Phone #: _____

Email 1 _____ Email 2 _____

Course	Membership Status	Includes	Fees + \$35 after Sept 15
Group Aquafitness Specialty Certification Course	Current CALA Member	GAF Manual will be electronically transferred for you to print, 20hrs Training each, GAF Assignment & GAF Assessment.	\$280 + tax
	Non-Member Joining Now	GAF Manual will be electronically transferred for you to print, 20hrs Training	\$339 + tax
Refresher GAF Course	Current member	Includes 8 CECs for repeating the GAF Course	\$150 + tax
To receive a printed copy of the GAF manual to you, then add \$45 + tax to the fees listed			

No refund for withdrawal from course. Fees can be applied to future CALA events.

To register: Email completed registration form to cala_aqua@mac.com

PAYMENT: e-transfer to cala_aqua@mac.com or cheques to CALA Inc., 125 Lilian Dr., Toronto, ON., M1R 3W6

Amount Paid: \$ _____

WAIVER AGREEMENT for CALA Group Aquafitness Specialty Training & Certification

I agree to forever release, discharge, fully indemnify and save harmless, the Canadian Aquafitness Leaders Alliance Inc (CALA), the facilities, and all promoters, sponsors and their representatives and successors, and their assigns from any and all claims, demands and expenses whatsoever on account of damage to or loss of property, physical or mental injury or death.

I verify that I have been involved in a physical training program and that I am physically fit and do not suffer from any disability, physical ailment nor am I taking any medication that would cause me harm or limit my participation.

I hereby affirm that I have carefully read, fully understand and agree to the above and that I am of legal age to execute this form as a legal document.

You can also use the Adobe Acrobat "Fill and Sign" feature to complete the form

PAYMENT PLAN AVAILABLE – 3 payments date Email CALA to arrange this cala_aqua@mac.com

CALA Certification Process:

- Step 1. Complete the Vertical Water Training 1.5 hour open-book Multiple Choice Theory Exam
- Step 2. Complete the Group Aqua Fitness Course
- Step 3. Complete and submit the GAF Assignment (30-minute mini-class plan)
- Step 4. Book a GAF Practical Assessment (submit a 30-minute video, or book an assessment on ZOOM)

*On rare occasions, it is necessary to shift CALA Training dates, times, and topics.
Thank you for your understanding.*