

# CALA Canadian Aquafitness Leaders Alliance Inc. Handout

## Care and Maintenance of AQUA BELTS



The belts are quite durable, but not indestructible.

**Following are tips for proper care:**

**Wear the belts properly:**

- ☑ When the belts are 'in use' the strap portion of the belt must be on the outside, (the belt should look like a circle, not a horseshoe.)
- ☑ When the belt is worn improperly, the strap will rip through the reinforced foam.

**Store the belts properly:**

- ☑ When the belt is not in use, hang up the belt in a warm environment for storage. The belt is very sensitive to the cold and will crack at the slightest bend when cold. Allow the belts to achieve room temperature before bending them. Leaving unused belts on a wet deck for extended periods of time and allowing them to dry in that environment will shorten the life of your aqua belts.
- ☑ Ensure the right size belt is being used. Using a belt that is too small could result in the belt ripping. The belt should fit as shown in the pictures to the right. Most damage to belts is due to people using a belt that is too small.



### **Warning**

These belts are not approved life saving devices

### **How to keep the strap tight**

Make sure you educate the participants on how to correctly put on the belt and to adjust in the water so the strap does not get too loose and ride up

Educate participants how to purchase the correct belt