

# CALA Instructor Certification Pathway

## CALA Certified means Clearly Qualified



CALA Instructor Certification Pathway To be a CALA Instructor means to teach from the heart with passion to deliver enjoyable, caring and healing Aquafit classes.

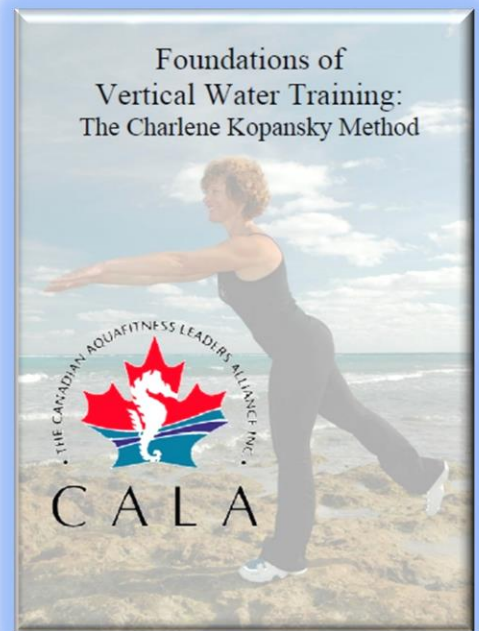
### Step 1:

Completion of the pre-requisite CALA Foundations of [Vertical Water Training Course](#) (VWT).

There are **three options** for completion of the [CALA VWT](#) pre-requisite course:

#### Option One: In person training

- 1a. Check the [CALA Scheduled Events](#) to find a [VWT Course](#).
- 1b. Submit a completed registration form to [cala\\_aqua@mac.com](mailto:cala_aqua@mac.com)
- 1c. CALA will email an invoice to you. Submit payment by e-transfer to [cala\\_aqua@mac.com](mailto:cala_aqua@mac.com)
- 1d. Once payment is received, CALA will "WE Transfer" a digital copy of the following to you: 450+ page VWT manual, study guide, membership letter.  
PS. There is an option to order a hard copy of the VWT manual.
- 1e. Study the VWT manual and, if possible, attend aquafitness classes, preferably with a certified CALA leader, before the VWT course starts.
- 1f. Attend the VWT Course and submit your evaluation to [cala\\_aqua@mac.com](mailto:cala_aqua@mac.com)
- 1g. [Contact](#) CALA to book an open book VWT Theory exam.



#### Option Two: Self Learning (recordings of live session)

- 1a. Check the [CALA Scheduled Events](#) to find a registration poster for the [Self Learning option for VWT Course](#).
- 1b. Submit a completed [registration form](#) to [cala\\_aqua@mac.com](mailto:cala_aqua@mac.com)
- 1c. CALA will email an invoice to you. Submit payment by e-transfer to [cala\\_aqua@mac.com](mailto:cala_aqua@mac.com)
- 1d. Once payment is received, CALA will "WE Transfer" a digital copy of the following to you: 450+ page VWT manual, study guide, membership letter.  
PS. There is an option to order a hard copy of the VWT manual.

# CALA Instructor Certification Pathway

## CALA Certified means Clearly Qualified



- 1e. Study the VWT manual and, if possible, attend aquafitness classes, preferably with a certified CALA leader, before the [VWT](#) course starts.
- 1f. Watch the full 20 hour recording of the VWT Course and submit your evaluation to [cala\\_aqua@mac.com](mailto:cala_aqua@mac.com)
- 1g. [Contact](#) CALA to book an open book VWT Theory exam.

### Option Three: Bypass letter

Bypass the CALA VWT Course (appropriate for experienced fitness leaders)

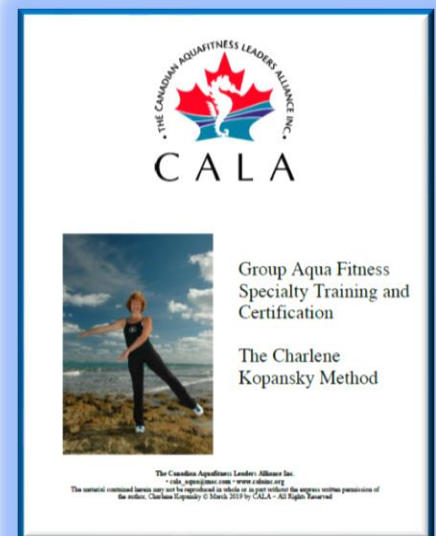
- 1a. Complete and submit the [Letter of Acceptance to Bypass VWT](#) to [cala\\_aqua@mac.com](mailto:cala_aqua@mac.com)
- 1b. CALA will email an invoice to you if you meet the requirements to bypass the VWT Training. Submit payment by e-transfer to [cala\\_aqua@mac.com](mailto:cala_aqua@mac.com)
- 1d. Once payment is received, CALA will "WE Transfer" a digital copy of the following to you: 450+ page VWT manual, study guide, membership letter.  
PS. There is an option to order a hard copy of the VWT manual.
- 1e. Study the VWT manual and, if possible, attend aquafitness classes, preferably with a certified CALA leader, before the VWT course starts.
- 1f. [Contact](#) CALA to book an open book VWT Theory exam. If a re-write is necessary, the fee is \$35+ tax. You will only re-write the parts of the exam where you scored less than 80%.

## Step 2:

Select the CALA Specialty Training and Certification course (s) that you are interested in completing. Example: Group Aquafitness Specialty Training and Certification course There are two options for completing the GAF Course.

### Option One: In person GAF training

- 1a. Check the [CALA Scheduled Events](#) to find a GAF Course.
- 1b. Submit a completed registration form to [cala\\_aqua@mac.com](mailto:cala_aqua@mac.com)
- 1c. CALA will email an invoice to you. Submit payment by e-transfer to [cala\\_aqua@mac.com](mailto:cala_aqua@mac.com)
- 1d. Once payment is received, CALA will "WE Transfer" a digital copy of the following to you: 200+ page GAF manual, an assignment template, and an assessment template.  
PS. There is an option to order a hard copy of the GAF manual.



# CALA Instructor Certification Pathway

## CALA Certified means Clearly Qualified



- 1e. Attend the GAF Course and submit your evaluation to [cala\\_aqua@mac.com](mailto:cala_aqua@mac.com)
- 1f. Email your completed GAF assignment (30-minute mini-class plan) to [cala\\_aqua@mac.com](mailto:cala_aqua@mac.com)
- 1g. Once you have received a passing mark on the GAF Assignment, book your GAF practical assessment (30-minute demo). This demo can be done in person at a designated facility, via ZOOM or by submission of a video. Email your intentions to [cala\\_aqua@mac.com](mailto:cala_aqua@mac.com) with respect to completion of your GAF practical assessment.

### Option Two: GAF Self Learning

- 1a. Check the [CALA Scheduled Events](#) to find a registration poster for the Self Learning option for GAF Course.
- 1b. Submit a completed [registration form](#) to [cala\\_aqua@mac.com](mailto:cala_aqua@mac.com)
- 1c. CALA will email an invoice to you. Submit payment by e-transfer to [cala\\_aqua@mac.com](mailto:cala_aqua@mac.com)
- 1d. Once payment is received, CALA will "WE Transfer" a digital copy of the following to you: 200+ page GAF manual, an assignment template, and an assessment template. PS. There is an option to order a hard copy of the GAF manual.
- 1e. Watch the full 20 hour recording of the GAF Course and submit your completed evaluation to [cala\\_aqua@mac.com](mailto:cala_aqua@mac.com)
- 1f. Email your completed GAF assignment (30-minute mini-class plan) to [cala\\_aqua@mac.com](mailto:cala_aqua@mac.com)
- 1g. Once you have received a passing mark on the GAF Assignment, book your GAF practical assessment (30-minute demo). This demo can be done in person at a designated facility, via ZOOM or by submission of a video. Email your intentions to [cala\\_aqua@mac.com](mailto:cala_aqua@mac.com) with respect to completion of your GAF practical assessment.
- 1h. You must have successfully completed the following to earn CALA Certification status in Group Aquafitness: - VWT theory exam - GAF Assignment - GAF Assessment
- 1i. Once you are certified, you will receive a CALA Certified certificate. Congratulations! CALA Certified means Clearly Qualified.

