



CALA's Educational Opportunities & Associated Fees

Subject to Change... 10/09

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CALA Foundations of Vertical Water Training: The Kopansky Method Course	VWT: (20 - 24 hrs): \$149	\$65 + ship & handle ~400 page manual	Step One: (a) Open Book Theory Exam written upon completion of the 20 - 24 hour VWT course: \$35 OR, (b) Open Book Theory Exam written upon Approval after Submission of the Letter of Acceptance to bypass the VWT course: \$50	(a) \$249 + ship/handle + tax OR, (b) \$115 + tax

***The VWT Course is the Pre-requisite for following CALA Specialty Certifications**

Note: If you are an experienced leader with in depth knowledge of anatomy & physiology, you are eligible to apply to bypass the VWT course. Contact CALA & request a Letter of Acceptance.

CALA Group Aqua Fitness Specialty	GAF: (16 - 20 hrs): \$149 Note: This is a mandatory course if you wish to qualify to become a CALA Certified Group Aqua Fitness Leader	\$35 - 200 page manual	To become a CALA Certified GAF Leader: (a) GAF Assignment - Class Plan: \$35 AND, (b) GAF Practical Assessment - 30 minute mini-class: \$35	\$254 + ship/handle + tax
CALA Aqua Jogging & Water Running Specialty	WR: (16 hrs): \$129 Note: This is a mandatory course if you wish to qualify to become a CALA Certified Water Running Leader	\$35 - 200 page manual	To become a CALA Certified WR Leader: (a) WR Open Book Theory Exam: \$35 AND, (b) WR Practical Assessment - 30 minute mini-class: \$35	\$234 + ship/handle + tax
CALA Centre of Power: Aqua Kick Box Specialty	KBox: (16 hrs): \$129 Note: This is a mandatory course if you wish to qualify to become a CALA Certified Aqua Kick Box Leader	\$35 - 200 page manual	To become a CALA Certified KBox Leader: (a) KBox Open Book Theory Exam: \$35 AND, (b) KBox Practical Assessment - 30 minute mini-class: \$35	\$234 + ship/handle + tax
CALA Healing Waters Program				
CALA Introduction to Aquatic Post Rehab Course	Post Rehab: (8 hrs): \$125 Note: This is a mandatory course if you wish to qualify to become a CALA Certified Aqua Arthritis & Joint Disorders Leader	\$25 - 100 page manual	To qualify to become a CALA Certified Aqua Arthritis and Joint Disorders Certified Leader: (a) Open Book Aquatic Post Rehab Theory Exam and Case Study: \$50	\$200 + ship/handle + tax
CALA Aqua Arthritis & Joint Disorders Specialty	Aqua Arthritis: (12 hrs): \$175	1. Manual: \$45 2. Catalogue of Exercises: \$40 3. Aquatic Exercise Textbook: \$65	(a) Open Book Aqua Arthritis & Joint Disorders Theory Exam and Case Study: \$50 AND, (b) Aqua Arthritis & Joint Disorders Practical Assessment - 30 minute mini-class: \$50	\$425 + ship/handle + tax Note: Discount for registration in both Healing Waters Courses.
*** Note if registering for both CALA Healing Waters Courses including the ALA Introduction to Aquatic Post Rehab Course and the CALA Aqua Arthritis & Joint Disorders Course: Discounted fee is \$532.65 + tax + ship/handle				

<p>CALA Workshops (earn 1 CALA CEC per hour) Note: Anyone can participate in the workshops. Membership with CALA is not mandatory.</p>	<p>\$20+ per hr (current CALA members) \$25+ per hr (non CALA members)</p>	<p>Included: -Handout - CEC Certificate</p>	<p>n/a</p>	<p>n/a</p>	<p>3 hr workshop: generally: \$60+ - member \$75+ non-member</p>
<p>Late Registration Fee (to be added if registering less than 2 weeks prior to course)</p>					<p>\$25 (late fee)</p>
<p>CALA Individual Membership (annual fee) includes: -Reduced Registration Fees on CALA Workshops, Courses and Conferences -Discounts on clothing, aqua belts, mats, CD's and valuable reference material -Priority notification and registration for all CALA Events</p> <p><i>CALA Corporate Memberships are available as follows: Silver: \$125 + \$10 pp: 1 - 4 people; Gold \$150 + \$10 pp: 5 - 8 people; Platinum: \$200 + \$10 pp unlimited people</i></p> <p>New members can be added to a corporate membership at any time during the membership year.</p> <p>CALA Provider Memberships are available as follows: Wave One: Less than 10: \$400 Wave Two: 10 - 30 people: \$700 Wave Three: 31 - 60 people: \$900 Wave Four: 61 - 80 people: \$1200 Wave Five: 81+ people: \$1500</p>					<p>\$49 (single membership) OR Corporate membership OR PROVIDER membership Membership is compulsory for all courses, not for workshops</p>
<p><i>Note: course fees may differ depending on host facility and provider status; fees subject to change</i></p>					
				<p>Subtotal</p>	
				<p>Add GST</p>	
				<p>TOTAL</p>	



Section A: Rules and Regulations about Certification and Re-certification:

1. Membership with CALA MUST be current to achieve and to maintain certification.
2. Re-certification is annual and is merged with membership renewal date.
3. Re-certification fee is \$15 every year. Membership fee depends on category. For example: single membership is \$49 annually, corporate membership fees vary depending on classification (silver, gold or platinum).
4. Continuing Education Credits (CALA CECs) can be earned in a multitude of ways:
 - a. A total of 8 credits are required to re-certify each year. One CEC is awarded for one hour of a CALA approved workshop.
 - b. CECs can be accumulated or banked before you take a CALA course or before completion of certification. Extra continuing education credits are bumped forward to the next certification period.
 - c. Petitioning for CALA credits after completing workshops, conferences or courses with other organizations is possible. A petition form (available through CALA, must be completed for approval. CEC Petition fee is \$10 per credit).