



CALA

CALA HEALING WATERS PROGRAM

AQUATIC POST REHABILITATION PREP and AQUA ARTHRITIS COURSES

Huron Park Recreation Ctr. – Mississauga, ON

Bar Code for Registration: **CALA members 494867** (CALA non-members 494855)

High Quality Training and International Certification: The CALA Healing Waters Program

The CALA Healing Waters Program is designed to provide high quality, current, research based training and certification in aquatic post rehabilitation and water exercise for specialized populations. The launch of this program marks the beginning of an ongoing series of specialized courses.

The selected courses for this 2010 Mississauga Program include:

- The CALA Aquatic Post-Rehabilitation Prep Course (pre-requisite for all CALA Post-Rehab Courses)
- The CALA Aqua Arthritis and Joint Replacement Course

Coming soon; selected specialty courses will be on offer in the following areas of interest:

- Cancer
- Post Burn
- Post Cardiac
- Osteoporosis
- Sports Injuries
- Multiple Sclerosis
- Back Care and Whiplash
- Post Stroke and Brain Injury
- Diabetes
- Degenerative Neuromuscular Conditions (including Muscular Dystrophy, Parkinson's)

WHERE: Huron Park Rec. Centre, 830 Paisley Blvd, W, Mississauga, ON. For directions & facility info, contact: Coordinator: Marni Hill @ 905-615-4820 x2450 or email: marni.hill@mississauga.ca

WHEN: Friday October 22, 2010 4:00pm –9:00pm
 Saturday October 23, 2010 9:00am –6:00pm
 Sunday October 24, 2010 9:00am –6:00pm

Approved and Recognized by the Arthritis Society.

WHAT: For a complete description of each course, visit the CALA Web site at www.calainc.org

- Total of 26 hours of applied *leadership training*: including theory & practical; Minimum of 7 hrs in pool
- Preparation for certification examinations (Open-book Theory exams & Arthritis Practical Assessment)
- Detailed, comprehensive CALA Aquatic Post-Rehab Prep and Aqua Arthritis Manuals
- Course Text Book: Aquatic Exercise Therapy
- Qualified CALA Trainer: Linda Rampen

Course Details	Includes	Fees
Healing Waters Program: Aquatic Post-Rehab Prep Course and Aqua Arthritis Course plus Certification	Course Manuals and Course Text, 22hrs Training, Certification (Theory Exams & Practical Worksheet), CALA Membership	Non Members \$589.89 Members \$539.86 plus applicable taxes

Note: City of Mississauga Staff – contact your pool supervisor or Marni Hill @ 905-615-4820 x2450 or email: marni.hill@mississauga.ca for subsidized course costs and details about registration

Special Note: If you have not participated in the CALA Foundations of Vertical Water Training Course, you must complete an "Application of Acceptance" into the Healing Waters Program. Contact CALA for a copy of the application.

REGISTRATION THROUGH CITY OF MISSISSAUGA: Complete attached form, or go on line: www.mississauga.ca/rec&parks to set up account or go to any City of Mississauga Recreation Ctr. & request a registration form or contact Marni Hill @ 905-615-4820 x2450 or email: marni.hill@mississauga.ca