



CALA Training, Certification & Continuing Education at Huron Park

Answers to Frequently Asked Questions

Address

Huron Park Recreation Centre
830 Paisley Blvd W.
Mississauga ON
L5C 3P5

Main Contact


If your answer is not on this FAQ sheet
Marni Hill: 905 615 4820 X2450

How to Register


1. You must register through the City of Mississauga
2. The easiest way is to register online. To do this you must apply to the City to get a Family Pin # and a Client Barcode #

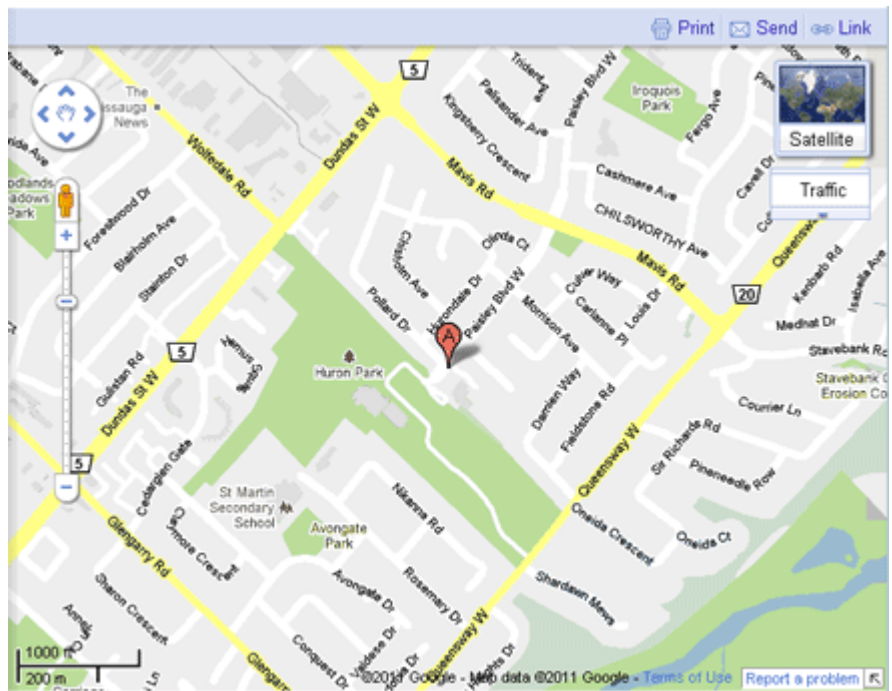
 Go to www.mississauga.ca

 Go to [connect2Rec](#)
Are you connected click on **SIGN UP**
and again Are you connected click on **SIGN UP**



 Fill in your personal information and **SUBMIT**

You will receive a Family Pin # and a Client Barcode # by email within 24 hours. (it could show up in your junk mail)

 Once you have your Family Pin # and a Client Barcode # go back to www.mississauga.ca go to [connect2Rec](#) [Search by activity](#) [Aquatic Leadership](#) and carry on from there



Things to Bring





-  2 bathing suits and a towel (you will likely be in the water twice in a day)
-  Comfortable fitness clothes and fitness footwear to practice moves on land (if you have a condition that affects your ability to move on land, relax, you can observe during the land based movement).





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-  While teaching on deck, you are asked to wear proper Aquafit Instructor attire. You will also need shoes that can be worn on deck (non-outside shoes) while teaching (these may get wet). Females are asked to wear shorts or long pants to wear over your swimsuit while teaching on deck, men are asked to cover their torso (wear a t-shirt) while on deck teaching.
-  Pens and paper
-  Food & Beverage (There is no cafeteria on the site and breaks generally aren't long enough to drive to buy food). There are a few places close to the centre. Your trainer will provide locations. Vending machines are on premise but may or may not be working on the day of your training. No change machines are on site. You must bring your own change.
-  Water bottle – You will need to remain hydrated during the land and water portions of the course/workshop



Photos

The CALA webmaster may attend the course/workshop to take pictures and/or video clips for the CALA website. These may also be used in other CALA promotional or marketing materials or opportunities.

Deep and Shallow Water Component of course or workshop

When there is a deep water component to the workshop or course, Huron Park will provide flotation belts. You are welcome to bring your own.



Lockers

Lockers are available for your use. You must provide your own lock. You accept full responsibility for items left in a locker. There is some room for personal belongings on deck if you choose not to use a locker. Huron Park is not responsible for anything left in the lockers or change rooms.

Open Book Theory Exams for CALA Certification

Exams are not written at the end of the course but scheduled a month or so after the course. Arrangements will be discussed at the course.

Practical Assessment

Practical assessments are not conducted at the end of the course. You will be notified of Huron Pool assessment dates and times. The process will be discussed at the course.



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CALA Course Manuals

If you wish to come to get your course manual in advance, the cost of the manuals is in the fee for this course. Once you are registered, you can arrange to pick up the manual at Huron Park Recreation Centre, 830 Paisley Blvd. West, 10 business days before the course start date.

Directions:

TTC Subway Directions

-  Go to Islington station
-  Take bus route 1 which travels along Dundas for 35 minutes
-  Get off at Wofldale (just after Mavis)
-  Cross Dundas to the south side. Should be a Parks and Recreation sign near walking path
-  Go down the hill, down the path, continue straight between soccer fields (should be small skate park, beach volleyball pit, soccer fields) and continue to parking lot, then to Huron Park Recreation Centre
-  **Keep in mind that the TTC does not start until 9:00am on Sundays so you may need to make other arrangements (possibly with someone you meet at the course) to get to Huron Park on Sunday morning.**

Driving Directions to Huron Park Recreation Centre

From hwy. # 401 or hwy. #407

1. Exit at Mavis Drive, go south to Dundas St. (5 or 10 minutes, depending from which highway you are coming from)
2. Continue south on Mavis to the next set of lights which are at Paisley Blvd.
3. Turn right travel about 1 km, until the road ends you have arrived at Huron Park!

From the QEW

2. Exit at Hurontario, travel north to the Queensway.
3. Turn left at the Queensway, travel about 2 kms to Mavis Drive.
4. Turn right, travel north to the first set of lights which are at Paisley Blvd.
5. Turn left, heading west travel about 1 km, until the road ends you have arrived at Huron Park!



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Hotels

The nearest reasonable Hotel to Huron Park is Novotel at Hurontario St. and Burnhamthorpe Rd. To get the best deal go online to [Mississauga Hotels](#)

Driving directions from Novotel to Huron Park

- 📍 Go south on Hurontario to Dundas St. turn right (west) to Mavis Rd. turn left (south) to Paisley Blvd. turn right (west) to Huron Park

Transit Directions from Novotel to Huron Park

Your trip will take approximately 31 min. You have 1 transfer(s) and the total walking duration is +/- 2 min.

- 📍 walk to stop #4005 on Hurontario ST at Burnhamthorpe Rd W, (1 min.)
- 📍 Take Bus route 202 direction South.
- 📍 Arrive at stop #0721 on Hurontario St. at Paisley Blvd W, (10 min.).
- 📍 Walk to stop #0746 on Paisley Blvd for transfer.
- 📍 Take Bus route 4 direction West. Arrive at stop #0604 on Huron Park Access Rd.
- 📍 Walk to Huron Park CC. (1 min.).

Welcome

Get ready for lots of learning. Remember this is the beginning of a journey... One step at a time... Celebrate and get inspired!



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