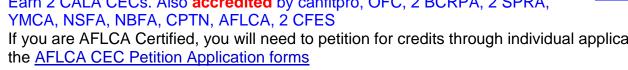
CALA Workshop - Independent Study

Your Compass to Inspiration -Aqua 360 x 180 Workshop

FACEBOOK RECORDING facebook - Independent Learning delivered through private Facebook page



If you are AFLCA Certified, you will need to petition for credits through individual application by using



Description:

Add sparkle to your agua classes! Explore a variety of planes of motion, using different joint angles, ranges of motion and rhythm changes. Re-discover the joy of movement in water, and re-create some fun filled choreography combinations. Clients will connect to their body and core while they explore the freedom of movement in the water. If you want something completely different to wake up your participants in 2022 - this is for you.

WHERE: Online, using the facebook FACEBOOK platform, in your home or home office.

More info contact CALA 416-751-9823 or cala agua@mac.com

WHO: CALA Master Trainer – Jennie Queen WHEN: At your leisure - 3 month access

COST: CALA Member: \$55 + tax / Non-Member: \$75 + tax. Regular Fees

Please print or type

Name	
Address	Join CALA Now S59 + tax
City	Tel. h
Prov	Cell
Postal	Tel. w
Email 1	Email 2
PAY: E-transfer to cala_aqua@mac.com	
WAIVER AGREEMENT for CALA Your Con	pass to Inspiration Workshop
Please check \checkmark that you agree to the following	wing WAIVER. (Required to register for this training)
Alliance Inc (CALA), the facilities, and all pro	fully indemnify and save harmless, the Canadian Aquafitness Leaders moters, sponsors and their representatives and successors, and their assigns
mental injury or death.	ses whatsoever on account of damage to or loss of property, physical or
I verify that I have been involved in a phys	ical training program and that I am physically fit and do not suffer from any

I hereby affirm that I have carefully read, fully understand and agree to the above and that I am of legal age to execute this form as a legal document.

Email form to cala_aqua@mac.com

You can also use the Adobe Acrobat "Fill and Sign" feature to complete the form

On rare occasions, it is necessary to shift CALA Training dates, times, and topics. Thank you for your kind understanding