

Aquafit Instructor Wanted

Join Our Team at Aching Joints Aqua Fitness

Are you passionate about helping individuals with arthritis and joint issues improve their fitness? Do you have experience in leading aquatic fitness classes? If so, we have the perfect opportunity for you!

About the Class

Aching Joints Aqua Fitness is designed specifically for people with arthritis and other joint issues. Our classes take place every Monday and Thursday from 6:15pm to 7:15pm at the Providence Care Therapy Pool.

Instructor Requirements

We are seeking a qualified aquafit instructor to lead our classes from September 2025 to April 2026. The ideal candidate should be:

- Experienced in teaching aquatic fitness classes
- Knowledgeable about exercises suitable for individuals with joint issues
- Certified in aquafit instruction
- Liability insurance
- Compassionate and patient

How to Apply

If you are interested in applying for this position, please contact Robin at 613-532-7250.

Join us in making a positive impact on the lives of our participants through the power of aquatic fitness!