

# Aquafitness Instructor, Aquatics

Join us in building a world of possibility! Holland Bloorview Kids Rehabilitation Hospital is Canada's largest pediatric rehabilitation hospital. We are a top 40 Canadian research hospital that is fully affiliated with the University of Toronto, and we serve over 8,500 families annually.

Our vision is to support the most meaningful and healthy futures for all children, youth and families. Providing both inpatient and outpatient programs and services, Holland Bloorview is renowned for its expertise in partnering with clients and families to provide exceptional care and is the only organization to ever achieve 100 per cent in three successive quality surveys by Accreditation Canada.

Holland Bloorview has won numerous awards including Greater Toronto's Top Employers, Canada's Top Employers for Young People and Canada's Most Admired Corporate Cultures. We offer an inspiring, inclusive, innovative, and collaborative work environment with competitive compensation and benefit packages and opportunities for ongoing learning and professional growth.

**Job Title:** Aquafitness Instructor

**Job Type:** Temporary part-time (7.5 hours every two weeks)

**Timing/Dates:** Daytime and evening shifts – please contact Holland Bloorview for further details

**Introduction:** Holland Bloorview offers high quality Aquafitness programs in our well maintained, warm, fully-accessible pools. Our Aquafitness Instructor is responsible for providing class participants with a well-designed, physically safe program which meets the individual needs of each person. This individual must be an energetic, dedicated and motivated instructor who enjoys teaching various fitness programs in a group environment. The Instructor must be able to effectively teach the class from the water or the pool deck. Liability Insurance isn't required.

**As an Aquafitness Instructor, you will be responsible for:**

- Conducting safe classes by adhering to standards established for physical fitness classes in terms of exertion and avoidance of contraindicated exercises
- Maintaining a dynamic and personable attitude while instructing participants
- Developing programs and routines according to current exercise physiology standards
- Attending all mandatory staff meetings, workshops, or trainings
- Committing to teach an entire session
- Providing a safe and supportive learning environment
- Adapting programs as required to meet the individual needs of participants
- Arriving on deck prior to the start of the first class and have all necessary equipment ready before class
- Returning all equipment back at the conclusion of class

**Qualifications:**

As an Aquafitness Instructor, the minimum qualifications are:

- Two years previous experience teaching Aquafitness classes to adults
- Current CALA or WaterArt Aquafitness Certification
- Specialized certification related to teaching special populations (arthritis, rehabilitation, seniors, pre/post natal, etc.)
- Current CPR
- Excellent customer service and communication skills to coach and mentor a diverse range of participants
- Successful candidates will be required to provide a satisfactory Vulnerable Sector Check
- Experience teaching youth or guardian & baby programs an asset

**Compensation:**

\$31.98/hour + 4% vacation.

**Application:**

Please apply through this link: [https://www.appone.com/MainInfoReq.asp?R\\_ID=6516593](https://www.appone.com/MainInfoReq.asp?R_ID=6516593). If there are any questions, please contact us at [humanresources@hollandbloorview.ca](mailto:humanresources@hollandbloorview.ca).

Holland Bloorview is committed to fostering a climate of inclusion, diversity, equity accessibility, and anti-racism (IDEAA). This commitment is central to, and mutually supportive of, our research excellence mandate. We welcome and respect the diversity of all members of our community, and we seek to create an inclusive culture for our clients, families, research scientists, staff, participants, trainees, volunteers, trustees, and partners. To help in our journey towards fully reflecting the communities we partner with, we welcome and encourage applications from Black individuals and other racialized persons, Indigenous Peoples, women, persons with disabilities, LGBTQI2SA+ persons, and others who may contribute to further diversification of ideas within our community. Holland Bloorview is committed to fair assessment of a candidate's abilities, and consideration for diversity of thought, method, and experience, including non-traditional career paths.

In accordance with the Accessibility for Ontarians with Disabilities Act, accommodation will be provided throughout the recruitment process to applicants with disabilities. Please notify us of any accommodations that you require by contacting [humanresources@hollandbloorview.ca](mailto:humanresources@hollandbloorview.ca) or 416-425-6220.