

## Contact CALA to order cala\_aqua@mac.com

Phone: 416-751-9823 • Fax: 416-755-1832 • Toll Free: 1-888-751-9823 ( Canada)

Merchandise Order Form (excluding RYKA shoes) doc

RYKA2 Agua Shoes Order Form doc pdf

Purchase a course manual and register for the course at a later date, the price of the manual will be deducted from the CALA course registration fees. Keep your receipt.



### Aqua Yoga-Linear ME Specialty Training & Certification

Price \$65 plus applicable taxes, s&h

Vertical Waters Training Course Manual NEW! Vertical Water Training (course manual) 2010 version

Price \$65 plus applicable taxes, s&h

### OLD Version of Foundations Manual – FRENCH

## **Group Aqua Fitness Course Manual**

Price \$35 plus applicable taxes, s&h

## Aqua Natal (English and French)

Price \$40 plus applicable taxes, s&h

#### Aqua Jogger Resource Manual – ENGLISH OR FRENCH

Price \$40 plus applicable taxes, s&h

HydroRider Intro Manual



#### **Healing Water Resources**

Price \$180 for all resources plus applicable taxes, s&h

- Introduction to Aquatic Post Rehabilitation and Aqua Arthritis \$70 plus applicable taxes, s&h
- Aquatic Exercise Theory Text Book \$65 plus applicable taxes, s&h
- Catalogue of Arthritis Moves and MS Supplement \$40 plus applicable taxes, s&h

# **CALA Clothing**



Yoga Style Capri Pants – navy blue with seahorse

Price \$65 plus applicable taxes, s&h

Sizes: s m l xl

# **CALA Merchandise List**





Fitted Scoop Neck Tank Top – blue with seahorse

Price \$17 plus applicable taxes, s&h

Sizes: s m l xl



Scoop-neck Shirt = Navy or Powder Blue with seahorse

Price \$24 plus applicable taxes, s&h

Sizes s m LxL



Long sleeve jacket with CALA Logo

Two colours to choose from:

Blue OR purple base on front & Seahorse on back

Sizes s m l xl



Long sleeve jacket NO CALA Logo on front

Same colours - , only Fancy Seahorse on back of jacket

Sizes s m l xl (unisex)



Therapeutic Tops for Aquatic Post Rehab Sizes s m LxI

## **CALA Gift Certificates**



**Gift certificates** are available in all denominations. They can be applied to CALA; training, conferences, membership fees, certification fees, or purchase of merchandise.

## DVD's



**CALA Agua Flow** 

Price \$24 plus applicable taxes, s&h

Presented by Katherine McKeown - Aqua Flow is a fusion of ballet, balance, tai chi, pilates and yoga to provide a total body workout with no impact.



## **Aqua Shoes**



Aqua Shoe Fits like a regular running shoe CALA Members price \$75 plus applicable taxes, s&h Non-CALA Members \$85 Sizes 6 - 10, 11(half sizes available) RYKA2 Aqua Shoes Order Form doc\_pdf



AQX Aqua Shoe Price \$77.50 plus applicable taxes, s&h Sizes 6-9.5, 10, 11

### Music



Tidal Wave 1 Tidal Wave 2 Tidal Wave 3

- \$25 per volume \$60 (3 volumes 6 cds) plus applicable taxes, s&h
- Tidal Wave CDs 90 minutes (2-CD set), 32 Count Phrasing, 122-126 (bpm)
- 60 minutes (2 cd per volume) plus applicable taxes, s&h

# Aqua Gym Stick



- Green. For aqua group training, rehabilitation and the elderly. The resistance ranges from 2 to 22 lbs. (1 to 10 kg).
- Blue. For aqua group training and women. The resistance ranges from 2 to 33 lbs. (1 to 15 kg).