



Announcing the CALA Training for Trainers Fall 2022 – apply now Pre-Screening Process

Hosted and facilitated by **Charlene Kopansky – President & Founder**

Calling all enthusiastic CALA Certified Instructors who are interested in delivering exceptional and interesting CALA Workshops and CALA Certification Courses via On-Line ZOOM platform, Live On-site at Facilities and/or a mix of ZOOM and Live On-site.

Pre-Screening Submission deadline: **June 1, 2022**

Email the following information to cala_aqua@mac.com



- ✓ a headshot
- ✓ a detailed biography including educational background, CALA certification(s), other certifications, aquafit experience, feedback from management and/or participants.
- ✓ a letter explaining why you are interested in becoming a CALA Trainer & detailing what you will bring to the CALA Training & Certification Program
- ✓ list two Workshops you would like to offer along with a brief description of each workshop
- ✓ Demonstrate your movement skills in a 7 to 10-minute video leading a warmup for a general aquafit class. Integrate CALA terminology from the 2010 VWT manual and include visual and verbal cueing modeling the CALA Holistic Philosophy.



CALA. Toronto, ON Tel: (416) 751- 9823. cala_aqua@mac.com . www.calainc.org

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